



THE BODY

Corpus Christi Fellowship

October/November 2001

An Interview with CCF's New Co-Leaders

As Editor of The Body, I had the honor and privilege of interviewing our new co-leaders for the 2001/2002 year. I have known both Mark and Lynne since I started with CCF in 1995. I know them to be warm, loving individuals and look forward to working with them this year. What a gift we have in our new leadership. The interview took place over a relaxing dinner at Watson's Drug Store in Orange, CA. – Mary Kay (MK) Waiss

MK: Why don't we start off by sharing a little about yourselves. What would you personally like to share about yourself with the Corpus Christi Fellowship (CCF) community?

Mark: Well, I'm from Ohio; I left all my family to come out here for a career advancement. So, it was nice to finally find a family of friends that share my faith, and CCF has been that for me – a lot of good support – just nice people. We're all human, with our foibles and stuff, and we love each other despite those things.

We describe ourselves so much, in this culture, by what we own, what we do, and what we've achieved. (Facetiously) I usually take a vacation once a year – I usually go somewhere exotic. I'm certified to scuba dive.

I think I want to be known not so much for what I do for a living, but more for how I am with people. I try to treat other people how I like to be treated – with respect, honoring them – and I definitely don't want to hurt anyone's feelings. There are times when I may be leaving or trying to get something accomplished [and] I may be curt or short, but I never would want to hurt someone's feelings.

Well, [Lynne and I] both have something in common – our love of the Yosemite Valley, and we both enjoy pie. (There was a gleam in Mark's eye at the mention of pie.)

Lynne: And playing tennis. And something I thoroughly enjoy is hearing Mark sing. It is a gift; he has a gift.

Mark: And what I thoroughly enjoy is how Lynne can be listening to somebody and thinking things through to the next step and not condemning them or scolding them, but encouraging them to think about how this might impact on somebody. She does it in a very

loving way to help people process what they're thinking – both in group situations and with me individually, which I really appreciate.

Lynne: I was born in Michigan and have lived in California since 1976. I am from a small and loving family (I have one brother). I am working on completing my M.A. degree in Counseling Psychology, which I hope to accomplish this year.

MK: How long have you been involved in CCF and what has the community meant to you personally?

Mark: I think it's been nine years.

Lynne: We both can say about nine years. We came in about the same time.

Mark: For me, [CCF] is a home away from home. You know, all families have little quirks. I think my friends in CCF see me as an adult, not as I was growing up. In your family, people often relate to you as "my son," "my older brother," or "my younger brother" – so these relationships remain. [CCF] has been a group of very caring, supportive, nice people, that have allowed me to be my best, and encouraged me to do something like being Core Team Leader – something I would have never thought I would be doing. That's nice.

CCF's been a lot of fun trips. It's been romances. It's been sharing with men (guys that I was on Cursillo with) and women in a way that I've never had before in my life. CCF's introduced me to a lot of good things. And I have Maria Beane to thank for all of this, because she introduced me to CCF a long time ago.

Lynne: The community, to me, has been just an incredible group of people – a group of friends. To live in Orange County, where we are just so eager, as a whole, to move up the ladder of success, we have a group of mostly single people, of shared faith, coming together – and we're in Orange County. When I found this group, I was so surprised that it existed.

As I've grown through the group, most of my friends are now CCF people, and it's been a tremendous blessing in my life. And I'm very grateful.

Environmental Service Project at Tehachapi Saturday, November 3, 2001



Tucked away in the Tehachapi Mountains of Kern County, California, there is a group of women who have decided to dedicate their lives to prayer, penance and sacrifice for the conversion of souls towards God, our Father, in Heaven.

These women have formed the Norbertine Association of St. Joseph, a new order of cloistered nuns who follow the rule of St. Augustine. These Norbertine sisters strive to imitate Christ's thirst for souls and His compassion for those who have separated themselves from God. They have offered up their careers, their families, their possessions, their friends, their individual desires and comforts for the receipt of many graces that most of us will never recognize until we get to Heaven.

The Norbertine sisters will eventually build a new monastery in the tradition of a European cloister. The Norbertine priests at St. Michael's Abbey, located in Silverado, Orange County, is helping to sponsor their endeavor. The ambitious landscaping scheme has turned into a project with several stages. Generous labor is needed and required for progress to be made.

Members of Corpus Christi Fellowship graciously offered their help last October 2000 and accomplished far more than any of us ever imagined. Our endeavors included cutting down a decade of overgrown brush in order to clear a new path for the Stations of the Cross, painting the barn and one of the houses, and using chain saws to clear away many diseased pine trees which were then chopped into firewood. In all, I think it is safe to say that 30 people accomplished in one day what it would have taken one person to do in at least 6 months.

An added bonus was the opportunity to be in such a serene and pristine environment! The property is approximately 480 acres of land filled with natural beauty. There is a lake that beckons fishing. There are families of deer staring with curiosity as you walk by. The mountains challenge you to climb their highest peaks. Birds dance in the open sky with songs of freedom and joy. Experiencing what we have called "Holy Ground," and what is normally closed to all visitors, rewards your generous help.

Please join us as we contribute to God's work. Jobs will be assigned on that day. They might include using the chain saw for making firewood or pulling "star thistles" from the ground. Our goal will be to help with their most immediate projects and to advance their environmental necessities for the land to be able to replenish.

Please bring with you supplies such as pruners, hedge trimmers, hedge shears, rakes, and chain saws. You will also need to bring food for your lunch and dinner, lots of water, Gatorade, etc. and gloves to protect your working hands. We also recommend a hat, good hiking boots, and a second set of clothes to change into at the end of the day.

If after prayerful consideration you decide to participate in this service project, please sign up on the list available at any of the Monday night CCF meetings.

You may also contact one of the CCF Service Team Leaders: Mark Herbeck at (714) 968-2601.

Carpooling will be available at 5:30 a.m. on November 3rd for the almost three-hour car drive to Tehachapi from Our Lady Queen of Angels (OLQA) church. I hope to see you then!



Interview (Continued)

MK: Becoming co-leaders for a year is a major commitment, a true calling. I understand there is a parallel of how you both heard God's calling to co-leadership. Can you share how you both individually heard His call to this leadership role?

Mark: Actually, the calling started when Jeff Corrigan asked me two times [if] I would consider being Core Team Leader, and I remember sitting in the parking lot of the gym before going in, talking to him on the cell phone and telling him, "No way, I can't do this." And going on about how I had plans about doing a personal search and reassessing my next life step. I spent 40 minutes telling him, "no."

About a week after that, we had our Spring retreat, and I almost didn't make it. However, at the retreat, I started feeling more open about things, and I think that the invitation to openness happened when Lynne and I were, through serendipity or

providence, praying at the Adoration of the Blessed Sacrament together. We just happened to have the same time. I sat behind her and was reading the bible, and she invited me to pray with her. I appreciated the invitation.

We started to pray and our prayer began to focus on our CCF community and the future of CCF – and the individuals of CCF – that each person could be able to find the support and comfort they needed. We prayed that CCF could be instrumental in helping people overcome whatever impediment they have so that they can find the right person in their life. If they had emotional issues, that they could be erased, and they could be supported. This was such a spiritual experience, and [when] our time was up, we raided the kitchen [and] had milk and cookies.

[Later] we [heard] Sister talk about her calling [and] what calling's about. And I [became] more and more open. So, I asked Eric (Huff) a little bit

Interview (Continued)

Mark: about what Core Team leadership was about. He shared that there was good and bad, but he said, “You’re not doing it alone. You have previous Core Team Leaders that will be there to support you and help you.” So, again, consistent with the theme of CCF, you always have a family, support.

Coming back, Lynne and Beatriz were in the car with me driving back down the mountain, and I don’t think I really talked a lot about my decision right then, but I was thinking about it. Then we had dinner, and Jeff and Teresa asked me, “Is there someone that you would want to be with you on Core Team as a Co-Leader.” And I said, “Well, Lynne Purkey would be one of two people I want to consider.” I had no idea that she would consider it.

I was praying about God’s will for this decision; even praying novenas all week (looking for roses as a sign, which I never received). The next Sunday at mass – it was Ascension Sunday – Deacon Jerry was giving a homily about Christ leaving, – leaving His Church behind, and that [the] Church is now His physical body in the world. It just kind of ties in to Corpus Christi Fellowship – Body of Christ Fellowship. Then he said something in his homily about if you commit yourself to serving your church and your community, you’ll have the blessed experience of seeing Christ in other people and seeing Christ in yourself. That just touched me so much, and I felt this was my sign that God gave me to know that this was the step to take. I realized all those issues in my life could wait six months to a year, and I could give myself to God for the next year.

About a week after – we just happened to be in the back hallway and I asked Lynne, “Would you come pray for me?” And there were previous co-leaders there.

Lynne: [Who] I invited, because I thought, “This is amazing. There’s four co-leaders standing here.” I asked them to come pray for him with me. Then they grabbed some others and came back, and they insisted that I sit down with him. I said, “No, we’re going to pray for Mark.”

Then we all sat down, and they prayed over a group of us – of potential co-leaders.

Mark: At the prayer, I wasn’t sure if Lynne was willing to consider co-leadership for herself, especially after all I said that night when we were driving back from the retreat. After we dropped Beatriz off, I kind of confessed to Lynne all my concerns and all my apprehensions about whether I want to do this. She was very supportive and she said, “If only you could see yourself how other people see you, you wouldn’t feel so apprehensive.” That was really strong encouragement for me.

[When] I saw her sitting across from me at that prayer session, I thought, “I’m sure she’s not going to be willing to do this.”

So, I think I asked you, “Are you considering this?” after that prayer grouping and you said, “Yeah.” Was that the first time you knew?

Lynne: No. Was that when you said yes then? You knew at that point to say, “Yes”?

Mark: Yeah, I think so. I think [that] in my heart I was already saying, “Yes.” Then Lynne called me and invited me, saying, “I’m considering this also. Do you want to get together and we can talk about what we have in the way of ideas.” We met for lunch – went for pie at Marie Callender’s. We had blueberry pie.

Lynne: Strawberry.

Mark: Right, strawberry. We talked about our ideas, our common hopes for CCF, and realized we had a compatible vision.

MK: **So did you go and say “Yes” together?**

Mark: I don’t think so.

Lynne: For me, I hadn’t even considered it. Going up on the weekend (the retreat), someone up there encouraged me, and I said, “No,” but I was praying for whoever was called, because I really see it as a calling. And it was a blessing that Mark and I were together that evening for the Adoration. Randy and I, running the retreat, had decided that wherever the open spots were for the Adoration (we had signup for every hour), we would fill in. And so when Mark brought me the list at the end of the evening, the only open spot was with Mark, and I said, “We’re on.” It was just a reflex.

What I remember so clearly in that prayer time together in front of the Blessed Sacrament was being really moved to tears and praying for the healing of any brokenness in our community (whatever brokenness we have within ourselves that keeps us from living the fullness that God has for us). It was a very powerful prayer. It was just beautiful.

It was actually the next morning that I actually started thinking that I might be called to do this. It was when Sister was giving her talk, and she was saying that as people, it’s important to have a community of like people, single Catholics, to come together, for support and accountability. I looked around the room and thought, “This is my community.” I have such an affinity for the group, and [I] want to support it and see it grow. That’s when I started thinking it might be me.

It was something I just kept within my heart. I didn’t say anything to anybody. That night [when] Jeff and Teresa were talking to you (Mark), I knew. I just needed to sit with it and pray about it. That Sunday night of the retreat, I started getting a little bit of a stirring – it was hard getting to sleep that night. I woke up early the next morning thinking about the possibilities – of being called to co-leadership, and all that could mean. The next night, I really was focusing on praying for Mark with everyone else. They were so insistent that I sit

Interview (Continued)

Lynne: [with him], and after that prayer, it was just like a really strong stirring with me – like a kid on Christmas morning. That night, I couldn't get to sleep, and I woke up the next morning, again, really excited. [I] mentioned it to Teresa. That was it. They just encouraged me to continue. And then Mark and I met. Amen.

Mark: Can I say something? I'm looking upon this opportunity to be in leadership as a growth opportunity for me personally – to learn what it's like to be working closely with a woman, which has been really exciting.

MK: If you wanted to learn for the general population, you chose the wrong woman, because Lynne is not representative of most of us. She's easier to work with.

Mark: She's been a wonderful representative, and I've found a lot of joy actually. It's a whole new dimension – I had no idea how I'd feel, and that was a very welcome surprise. The whole experience of working with Lynne in this position of leadership, and cooperating on projects, has been a blessing.

Lynne: And I believe without a shadow of a doubt, that we were both called to do this, and we're responding to that call.

MK: That's why it was really important to me to let you share the story about the time you spent together up on the weekend, because that parallel just shows so much God's hand in it.

Lynne: This was even before I was considering it – His hand was already at work doing this. Isn't that amazing?

MK: **The theme you have chosen for CCF this year is "wholeness." How was this inspired?**

Lynne: Through that prayer. The prayer in front of the Blessed Sacrament on the retreat.

Mark: It also reflects our values as well – that we respect people and want the best for people.

MK: **With this theme in mind, what is your vision for CCF for the coming year?**

Lynne: [In] John 10:10, [it says] "The thief comes only to steal and slaughter and destroy and I came that you might have life and have it to the full." God desires for us to be whole. [We want to focus on] what keeps us from that fullness – what in our lives [do] we need to let go of [or] take up – to come into the fullness that God has intended and desires for each one of us. What's the thief in our lives that really keeps us from that? To see this being implemented this year would be covering different topics related to this theme on Monday Nights, and also how we respond to each other – to just really support each other and to acknowledge the goodness that is there – and to help people come to realize the good that is within them and basically pray for them.

Mark: Regarding how we work with our Core Team – we just wanted to embrace who they are, the fullness

that they are, allow them to be themselves, and to help them to grow and help them to have a positive growth experience from this as well, so that they can experience the wholeness themselves.

Lynne: And then in turn, channeling that to the larger community in that same spirit.

MK: **If there was one thing that you would like the CCF community to pray for this year, what would it be?**

Lynne: My hope and prayer would be that we would come into a deeper fullness of who God intended us to be, and it would be different for each of us. A prayer for the community, as a whole, that we grow.

Mark: I think that we pray that everyone in CCF be open to God, and to be able to experience the fullness that He has for them in their lives.

(In line with the tone of the question, at this time the song "Que será, será" ["Whatever Will Be, Will Be"] came over the loudspeaker of the restaurant.)

MK: **Would you like to add anything?**

Mark: I guess we both would say [that] we really see the strength of CCF being in the Core Team. It's a wonderful opportunity to be more involved in CCF, and those are the people that really make CCF flow. Whatever happens with CCF, it really is more due to their hard work, to their diligence.

Lynne: You're attributing our potential for a great year out of the work and dedication of our Core Team, and the involvement of the community who join in. The working together through the year – the Core Team and the community as a whole – coming together – on the various projects ...

Mark: The individuals of CCF may have a much better experience of what CCF can be, and what their experience of God can be in CCF, by being involved, getting in there and participating.

Lynne: And I'm looking forward to an incredible year. There is so much [that can happen]!!!

Mercy House Thanksgiving

It has become a CCF tradition to serve and share Thanksgiving dinner with the residents of Mercy House. Mercy House was set up as a shelter for abused families. These families take up temporary residence while they pursue new jobs and find new homes for their families. CCF plays the role of server by preparing a wonderful Thanksgiving feast, which we then share with the residents of Mercy House.

For some, there is also the opportunity to play with the kids (MK loves challenging them to ping pong – and usually loses). Please join us for this wonderful evening of Giving Thanks. For more information, contact Mark Herbeck at 714-968-2601 or Kim Bloom at 714-893-2980. Due to the confidentiality of the program, directions and address are given out right before the event.

♥ Toasts & ✉ Notes

♥ To our Lord **Jesus Christ** and His joyful **Holy Spirit** for bringing us all together as Corpus Christi Fellowship.

♥ A very big **WELCOME** to all our new CCF members!!!

Kellee Bartha	John Hendricks	Anna Pianalto
Cheryl Campbell	Nancy Horn	Liz Ornelas
Karen Governale	Vivian Morris	Victoras Tieu

Happy Birthday to our CCF friends celebrating their birthdays in October:

2 – Greg McSwain, Lanny Widiyanto; 3 – Howard DeCruyenaere, Denise Reesha; 6 – Victoria Montes, Sam Vaccaro; 7 – Kris Flaig; 9 – Angel Mariano, Gabriela Urias; 10 – Tony DeVargas, Ed Larmore, Rosemarie Sarkis; 11 – Marisa Miotto, Ray Shirley, 12 – Mark Rentmeesters; 13 – Steve Felner; 14 – John Misuraca; 16 – Mary Moreno, Lisa Rockwell; 21 – Doreen Maguire; 24 – Larry Perez, Josie Vancura; 25 – Mona Faris; 26 – Tom Mottl; 27 – Paula Mitsuda

Happy Birthday to our CCF friends celebrating their birthdays in November:

1 – Janet Rhoades; 2 – Kevin Jane, Rich Killar, Lisa Young, Gil Yurly; 4 – Nancy Plunkett, Lisa Yappel; 6 – Craig Mlady; 7 – Ramona Rivera; 11 – Mark Artesani; 12 – Ann Marie McBride, Esther Ramirez; 14 – Barbara Recchia; 15 – Maegan Whitley; 19 – Frank Mead, IV; 20 – Joe Speaker; 21 – Luci Rasmussen; 22 – Randy Laya, Cecilia Torres; 23 – Jeff Nihill; 25 – Evie Guntalilib; 26 – Mary Leaver; 27 – Michele Marie Barona, Angela Moore; 30 – Maureen McGlynn, Jennifer Morreale

- ☒ **Renew your Newsletter subscription before NOW for 2002. Just \$10 to CCF/OLQA.** Renew at the Hospitality table on Monday nights or mail check to: Andre Handjaja, 24391 Sadaba, Mission Viejo, CA 92692.
- ☒ The Monday night meetings have started off with wonderful speakers. We hope to see you there. On October 22, Dr. Victoria Dendinger will speak on “wholeness”. On October 29, Fr. John Waiss will speak on Catholic dating and what to look for in a mate. See the calendar for November speakers and themes.
- ☒ To receive weekly updates and reminders via email or fax, send request to CCF@LGARDE.COM.
- ☒ Visit CCF's webpage at <http://www.cfcatholics.com>. Updated by John Foley.

CCF's 2001-2002 Core Team


<p>Co-Leaders Mark Huber Lynne Purkey</p> <p>Communications Mary Kay Waiss</p> <p>Hospitality Henry Biliniewicz Cyndi Grein Lisa Ressler</p> <p>Monday Nights Ron Herman Elizabeth Morris Barbara Recchia</p>	<p>Service Kimberly Bloom Mark Herbeck</p> <p>Social Randall Chapman Joe Hall Liz Long Julie St Pierre</p> <p>Spirituality Kathy Doan Beatriz Guerrero Dan McGuinness</p> <p>Treasurer Cathy Bull</p>
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THE BODY

The Body compiled by Mary Kay Waiss.
To submit an article or photo for CCF's newsletter, please contact mkwaiss@hotmail.com or call 949-219-1499 Ext. 295, and leave contact number.

November 2001

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2 8:00 OLQA, Holy Hour Dinner and Movie Night	3 Tehachapi Work Project
4	5 7:30 OLQA Fr. Droessler, "Magisterium of the Catholic Church"	6	7	8	9 8:00 OLQA, Holy Hour 7:00, Dinner and Dancing	10 OLQA Silent Auction
11 Hiking in the Foothills	12 7:30 OLQA "Taking Care of Your Physical Being"	13	14	15	16 8:00 OLQA, Holy Hour CCF Fall Retreat	17 CCF Fall Retreat
18 CCF Fall Retreat	19 7:30 OLQA Leanna Goldschmidt, "Prolife Issues"	20 Mercy House Thanksgiving	21	22 <i>Happy Thanksgiving</i>	23 8:00 OLQA, Holy Hour	24
25 Thanks-giving with Friends	26 7:30 OLQA "Building Career with God"	27	28	29	30 8:00 OLQA, Holy Hour	

Calendar Details

Our Lady's Adoration and Eucharistic Benediction.

Fr. Vincent Gilmore leads the rosary and benediction.

Dinner and Movie. Meet at Thai Cuisine, 600 East PCH, Seal Beach 90740 (562-596-5156) at 6:30 p.m. Dinners range from \$6-12. Please R.S.V.P. to Liz Long (562-427-8581) for reservations.

Tehachapi Work Project. Join us in our project to help the Norbertine Sisters at their beautiful mountain monastery. For more information and to sign up, please contact Mark Herbeck at 714-968-2601 or markherbeck@hotmail.com.

Dinner and Dancing. Meet at Tia Juana's, 14988 Sand Canyon Road, Irvine, CA (949-551-2998) at 7:00 p.m. If you're just joining us for the dancing, there is an \$8 cover after 8:00 p.m. For more info, call Liz Long at 562-427-8581.

OLQA Silent Auction, 7:00 p.m. Many CCF members will be supporting this activity at the Marriott. Pre-signup with Mark Herbeck (714-968-2601 or markherbeck@hotmail.com) is required.

Hiking in the Foothills. Meet at OLQA, 8:15 a.m., for an enjoyable day hike. For more information, contact Joe Hall at 562-988-1156 or joesstuff@earthlink.net.

CCF Fall Retreat. We'll be heading to the mountains for yet another wonderful retreat. We'll be carpooling to St. Anne's in the Mountains in Running Springs, CA. The theme for the retreat is "Made in His Image." For more info, contact Kathy Doan at katalinad@aol.com.

Mercy House Thanksgiving. CCF is serving and sharing Thanksgiving Dinner at Mercy House. For information and directions, please contact Kim Bloom at 714-893-2980.

Thanksgiving with Friends. Celebrate Thanksgiving again with your CCF friends. Place and time TBA. For more information, call Liz Long at 562-427-8581.



Our Lady Queen of Angels

Corpus Christi Fellowship

2046 Mar Vista Drive
Newport Beach, CA 92660