



THE BODY

Corpus Christi Fellowship

October 1995

What CCF did on its summer vacation...

During the summer OLQA's hall was eerily quiet. CCF was taking its summer break. Even though there was no Monday meetings, there was plenty of CCF fellowship nearby at Corona del Mar Beach. Every Monday scores of CCF members converged to play volleyball, play frisbee, or take that evening power walk. The word got out and many people visited CCF for the first time at the beach. Sometimes there were so many volleyball players that competitors would have to wait even though two games were going on simultaneously. Afterwards, everybody would meet at the local diner for more food and fellowship.

The highlight of CCF's off-season



Michael Friese

▲ Volleyball teeters on edge of net during spirited game at Corona del Mar Beach.

◀ Ooga Booga men and fire-walker make appearance at luau.



Howard DeCruyenaere

had to be the Luau held at Nancy DeFusco's parents' house. The approximately 100 people enjoyed a hawaiian dinner and dancing to a rock band with CCF's own Patricia Stancato as its lead singer. Hula and limbo contests were punctuated by an appearance of the Ooga Booga men who thoughtfully delivered hot coals that Mark Artesani bravely walked on. My favorite attraction was Drew Zertuche's volcano drink dispenser. Pass me some of that lava, howlie!



From the Co-Leaders...

Welcome to the 1995-96 year of Corpus Christi Fellowship. To all of our returning members, we hope you had a fantastic summer that was both relaxing and enjoyable. To our new members, we welcome you to our community and invite you to become part of the CCF family.

We on the Core Team have been busy at work this summer planning and organizing for what promises to be an outstanding year. The theme we have chosen for this year is "Building Community." Our vision is to provide a place to belong where we find friendship, spirituality, openness, and support. We hope all of our members, both new and returning, will find that place in CCF.

If summer is any indication of how our theme is going, we are well on our way. With the overwhelming success of beach volleyball and the Luau, there is an incredible energy and enthusiasm for the upcoming year. We would like to thank all those involved in our summer time events, especially Ramona and Paul for the Luau and Jan for the volleyball.

Well, fall is in the air and that means two things: football and Monday Night Meetings. We look forward to seeing all of you at 7:30 every Monday at OLQA. Until then, God bless.

Yours in Christ,
John and "T"

Money Talk

Oh no, she's going to talk about that dreaded topic! No, not that one. I mean money. At this point, you've either tuned out (like I did at the last homily/lecture on finances) or you're curious as all heck and are continuing to read on. I hope it's the latter.

Did you know that:

- the newsletter costs about \$200.00 per month to print and mail?
- up front costs for events range anywhere from \$100 to \$1,000?
- CCF is solely funded by money made at events and donations from generous souls like you and I?

Well I didn't, at least not until I inherited this high paying job and a big bag filled with past "accounting records." The big bag included a smaller Nordsrom bag that held the really important things like the general ledger with doctor-style numbers and words printed in the tiny little squares. (My optometrist will undoubtedly be a happy camper by the end of this year.)

O.K. So what does she want? Simple. Money. Dinero. Mula. (My vocabulary stops there.) No pressure, we'll leave a can marked DONATIONS (for those who have deteriorating eyesight due to unforeseen circumstances.)

On Monday Nights it will be carefully placed on the hospitality table so that you can drop in whatever you can, whenever you are able. Thanks a bunch!

—Carmen Westberg



Corpus Christi Fellowship

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<p>Co-leaders John Lester 582-7728 Teresa Mishodek 760-3104</p> <p>Spirituality John Robison Sharon Durkin Maria Trozzi Mike Babineau</p> <p>Monday Nights David Carlile Michele Walsh Vivian Barraza</p> <p>Hospitality Terry Nelson Jan Vanderlinden</p> <p>Music Patricia Stancato</p>	<p>Social Mark Artesani Peg Mcnamara Andrew Zertuche</p> <p>Service John Joanning Audrea Jaszkiowiak Sherry Khatab</p> <p>Prayer Support Lynne Purkey 549-0612</p> <p>Finance Carmen Westberg</p> <p>Communications Michael Friese Lisa Morton</p>
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meet the core team

Co-Leaders

john lester

Mike Babineau calls me "Bro Sloth." Eric Huff calls me "Mo," and my students call me "coach." To most, though, I am just plain ordinary



John Lester, "World's Nicest Guy." I am a thirty year old high school teacher and coach who lives in Mission Viejo. I try to model my career after my heroes Lou Holtz and Mr. Keeting (Carpé Diem). I am a graduate of the University of San Diego and teaching is my calling in life. My spare time is spent with my family, finding the ultimate photograph, and partying with my friends.

My journey towards CCF started years ago (raised Catholic). I have always had a calling to use my gifts in a spiritual community. After working in Campus Ministry at USD and running retreats at Santa Margarita High School I came to CCF. I have served on the Spirituality and Monday Night teams. I look forward to serving you as a co-leader this year. Please keep CCF and its leadership in your prayers this year.

teresa mishodek

Pushed kicking and screaming into life, I was Lombard, Illinois into a family of seven. I lived there for the first twelve years of my life. Then



our family moved to California and settled in Yucaipa, a small town outside of San Bernardino. I grew up caring for all kinds of critters both wild and domestic. I knew I wanted to nurse sick animals back to health for a living. After I graduated from high school, I decided to go to a trade school that specialized in veterinary medicine. Upon completion, I became a licensed Veterinary Technician. My lifetime dream was to live near the ocean. It came true when I was hired for a job in a veterinary clinic in Lake Forest, and within a few months I found myself moving there. At this point I noticed a void in my life, so I turned to God to fill it. My spirituality grew as my involvement with the Church did. Within the next year I joined the Young Adult Group in San Juan Capistrano and soon became a team leader. My gifts of leadership developed during my time there. While a member of this group, I met a man named Tod Beane. Our friendship flourished, but the group soon ended and we went our separate ways. Months later Tod contacted me. He asked if I was interested in joining another group which he was involved with. I felt this was an opportunity to expand my spirituality and joined. I was welcomed with open arms into a loving and caring community. I realized I had finally found a

home which provided the environment I needed to enhance my spirituality and strengthen my life and fill my void.

Spirituality mike babineau

I have been involved with the group for four years plus and have enjoyed being on the core team for three of those four years.



Having grown up a Southern California native in the Pasadena area, I developed an appreciation for the outdoors and studied Horticulture at Cal Poly Pomona. I now work as a production manager in a large wholesale nursery in Orange County.

I enjoy hiking, water skiing, bicycling, and pretty much anything in the sun or water. I love to do fun things with people like movies, concerts, travel, etc. I've always been involved with trying to live my faith in the activities I do and with friends.

When I moved to Orange County for my first job, feeling disconnected with people, I sought out community and friends at my new parish, Holy Family Cathedral in Orange. I found some good life-long friends at a young adult group called CHOICE, which has since died. I again was looking for a group to fellowship and grow with. I found the people in CCF to be surprisingly normal, full of faith, and lots of fun. I have grown to

really love the group and what it stands for. The community is great—more life-long friends to be had and the spirit is strong—allowing for spiritual challenge and growth.

sharon durkin

I have been blessed to grow up in a very close and fun-loving family. I am a bilingual teacher and I love working with children, especially speaking Spanish and teaching them English. My love for traveling and fascination with people and their cultures probably began when I studied abroad my junior year at USD.



I am so glad to be a part of our CCF community because it is a place for me to share myself and my walk with the Lord. My parents have always encouraged my three brothers and I to find a home in the church with people our age. Finding such a community became more difficult for me after college. After much persuasion on my Dad's part, I came to CCF.

How did he know? This year I will be on the Spirituality Team and am looking forward to serving you through the Lord's Day Suppers and retreats.

john robison

I have been a member of CCF for three years and have been greatly blessed by the service of many others before me. I wish to give back to CCF by serving on the core team this year.



I have been involved in various other fellowships such as Cursillo, Search, CHOICE, and the Charismatic Community. The hobbies I enjoy include dancing, swimming, and researching family genealogy. I am in my last year of study toward my Ph.D. in Psychology at UCLA.

maria trozzi

I'm a "cradle Catholic" but my spiritual journey began ten years ago when I rediscovered my Catholic faith. As a member of Saint Simon and Jude parish in Huntington Beach I have been involved with Youth Ministry Retreats, prayer group, Young Adult masses, and Cursillo.



Jesus said to his disciples, "Come follow me and I will make you fishers of men." So as with me, I have been led by Him to come get into leadership so that I may share my experiences. These experiences of mine may help you to come and follow Him in a deeper way too!

Monday Nights vivian barraza

I reside in Huntington Beach, where I am a member of St. Bonaventure's Parish. My activities within the community have included choir, the Young Adult core-team, and Cursillo. Through these activities I have felt a closer relationship with Jesus in the friendships I have made.



My spiritual journey began at 18 when I felt the need to understand and learn more about Jesus. I began my search by experiencing many different non-denominational churches seeking truth, tradition, and love. As a result God has led me to many wonderful people, who have shown a genuine and inspirational love of Jesus, such as those in CCF. Being part of the CCF core team will be a rewarding experience where I will have the opportunity to work with

talented people. We will all be working toward the same objective, to grow in love, community, and the spirit of Christ. God Bless! I look forward to serving all of you.

david carlile

I am a "Cradle Catholic" who was born and raised in Southern California. Compared to many people I know my life so far has been a fairly easy one. I enjoy adventure, water sports, softball with the Heavenly Hitters, friends, and family.



As the second of five kids in an all Catholic household, learning about church, faith, and God was part of growing up. In my junior year of high school I was "awakened" to the love and joy of "knowing Jesus Christ." Since then I have become increasingly active in the community as a coordinator and most especially as a servant. God bless!

michele walsh

Born and raised in Dublin, Ireland, I moved to the land of opportunity three years ago. I love living in Southern California. I'm a CPA by trade and enjoy all kinds of sports, arts, music, and making new friends.



CCF has welcomed me with open arms. It's a home away from home. I was drawn to the group by its sincerity and genuine warmth. I am eagerly looking forward to this year when I will share my God given talents with others, a new experience for me.

Hospitality

terry nelson

Many of you will see a little five year old girl running around many a Monday night this year. This is my daughter, Courtney. She and I have been coming to CCF for four years now. My greatest pride is watching my daughter grow up in a spirit filled Catholic community.



CCF has been a gift from God in my spiritual journey. The Lord led me to CCF during a time when I needed a place for my heart to be healed after the separation in my marriage. CCF has become my second family. God has blessed me with friends, love, and challenge in an environment that is full of support.

My true love is acting and directing, so if you see me acting goofy and dramatic just smile and know that I'm just being me—a little silly with a big heart who's looking forward to this year at CCF.

jan vanderlinden

Though I'm a native Californian, my name Jan Vanderlinden (pronounced YAWN, Dutch for John) forced me to be outgoing (always explaining my name).



I'm 38, a single parent, and a manufacturing engineer during the day. After work I love to run and do all kinds of sports. CCF is a place for me to grow closer to God, make new friends and make others feel welcomed.

Music

patricia stancato

The God in me greets the God in you! I reside in Huntington Beach and have been a member of CCF since the Luau of '90.



I have done some missionary work in my walk with God. I've participated in various music ministries and projects for years. I surrender to the voice of the spirit that draws me to our fellowship in the CCF core team.

I enjoy Family Fitness Center exercise, traditional roller skating, and playing rock 'n' roll music. I've studied various forms of body work including reflexology and accupressure. I have a reflexology practice. I'm also working with the Missionary Sisters of the Sacred Heart of Jesus as a contact person and speaking about their lay mission program. I desire to be an instrument of God in this journey of faith.

I have a unique variety of spiritual growth opportunities but I believe at this time our Lord is asking me to give into his plan to be used as a vessel to praise His name in song. Therefore, praise with guitar, praise with the piano, praise with percussion, and voice! For I want to praise Your name!

Social

mark artesiani

I am proud to be Catholic, American, and from a large Irish/Italian family. My faith has come to me in a very traditional



way. I went to Catholic school through the seventh grade. After high school I left the faith for ten years but my upbringing did stick with me in the way I treated people. God reached out to call me back several times before I finally came back to Him.

I have been active in youth, young adult, and single adult ministries for the past twelve years. CCF has been a part of my life for the past six years. This will be my fourth year on the core team. I love the people I meet (women) in CCF. I am always making great new friends (women) in CCF. Some day maybe I will marry someone from CCF (preferably a woman). CCF has been a great gift that I have shared with family, friends, and the new people I meet (mostly women).

peg mcnamara

You'll know me for I'll be announcing opportunities for friendship each week. Shyness has never been a problem for me. I promise to be an ear as I learn about you. Personally, I'm the middle child in a family of five adult children. If you ever need a fourth in golf, a tennis partner, a volleyball setter, or a gym buddy call upon me. To support my endless interests, I work in sales support at Brembo North America. Need to know more? Come to a social event.



Regarding my CCF journey, it was initially stop and go and stop and go. After two fruitless attempts, going at it solo, the third effort was the charm. I was in search for companions to celebrate Mass. No matter how much I was enlightened by the Eucharist, something was missing. I found that missing spiritual link at CCF. Persistence is the key to my success.

andrew zertuche

My name is Andrew Zertuche but you can call me "Drew." I was born and raised in San Antonio, Texas and moved out here to Huntington Beach



'bout 5 1/2 years ago. I'm an Architect (still trying to pass the ARE) and am very happy with my job. I love all kinds of sports, both playing and watching. Hopefully y'all get to see that I love people, talking, listening, and doing things with y'all.

My parish church is St. Bonaventure. I was a pretty active member in their young adult group. A friend of mine (Carol Grabowski) told me about CCF, so I gave it a try. At first I was quiet and shy, attending the weekly meetings and as soon as the meeting was over I was out the door. But seeing how friendly everyone was with each other I decided to open myself up. I put my trust in Christ. Now I'm living proof that fears can be conquered with the help of prayer. For y'all who might be afraid of getting involved, CCF has brought me closer to God through the fellowship we share. It is my intention to help do the same for you.

finance carmen westburg

I hate writing about myself! Not that it's a boring subject by any means, but it always means heavy introspection. What *do* I want to tell them? Okay, here goes me in a peanut shell.



I teach squirrely second and third graders, I'm a divorced single mom with an awesome ten year old daughter and "T" says I'm a free spirit. Yeah, that sounds about right.

I'm a born and bred Catholic girl who finally *really* came to the know the Lord eight and a half years ago after a Cursillo weekend. After that, life, love, and this incredible world have taken on a new meaning—all for the glory of God!

Service john joanning

Fourth child of Hal and Delores Joanning. Three older sisters named Teresa, Donna, and Anne. Born and raised in Southern California. Enjoy activities that involve people who are willing to participate and have fun. College: University of San Diego. Employed by Fremont Compensation Insurance Company as a senior Claims Examiner.



I began coming to CCF because I wanted to spend time with quality people who shared my same values and religious beliefs. Spending time with the community was just the beginning. Now I have new friends and many activities that take away from television time (this is a good thing). I have received so much in the past year that I feel it is important to give back to CCF. Becoming a member of the Service Team is a great honor and I pray that God will inspire me to reach out and touch as many people/organizations as possible. Parting shot: Become involved and you won't regret it!

audrea jaskowiak

I am currently working toward my Marriage, Family, and Child Counseling degree. My long term goal is to earn a Ph.D. and work in the prison system as a psychologist. I love working with people and enjoy the many challenges given to



me. My hobbies include volleyball, dancing, and reading.

God has given me many challenges in life. My faith has gotten me through all of them. In the same sense, my desire to be on the CCF core team is another positive challenge. By being on the Service Team I hope to give back to the community what has been given to me. I hope to serve God and CCF by aiding in giving hope and love to the needy. My strong Catholic background will give me the foundation on which to build the strength and courage needed to reach out to the less fortunate. I anticipate a rewarding year and look forward to meeting both the new and returning CCF members!

sherry khatab

I was best known on last year's core team as the "Hospitality Hostess." I'm the one with the smiling face that greeted everyone at the door. I suppose I achieved that smile by working as a dental assistant for the past eight years. I must admit, though, that I live for the weekends, so I can enjoy my favorite activities, such as snow skiing, hiking, country dancing, and all other sports.



One of the best experiences that happened to me eight years ago was when I was initiated into the Catholic Church as an adult. I think that's what propelled me into learning, loving, and growing with God—which brings me to how I arrived in CCF. My friend, Marites, introduced me to the group three years ago. It took about a year before I became fully involved. Then last year I was recruited by my good friend Jean Latu for the Hospitality Team. That experience was very enlightening and wonderful, which is why I joined the core team this year. I wanted to be able to serve my community and God the way I have been served. I think being a Christian is what service is all about, serving our brothers and sisters in Christ. I pray for this year that we may all be challenged to live and serve God to our fullest potential.

Communications

michael friese

Born a Californian and Catholic, I haven't strayed very far from California, but in my post-school days I was not very close to the church. Yet every year I volunteered at a festival for a monastery located in a remote part of the high desert. Religiously (so to speak) I would return each year to work my humble job. It being a monastery and this being a festival, they would celebrate mass every hour on the hour.



For years I would hear the bell ring announcing the beginning of another mass I would not attend. That is until one day, I dropped what I was doing and followed the sound of the bell. It was

inviting me to re-join my lost church community. And just like I am still living in California, I still live in the church.

My hobbies include bicycling, snow skiing, dirt motorcycling, camping, film collecting, photography, and cinematography. My motto: Life is an adventure; don't forget to attend.

lisa morton

Words can seem very impersonal especially when trying to elaborate on one's character. My words will tell you facts about myself. For



instance, that I was born in '65 into a growing large family soon to be eight children. They'll tell you I like to sing, paint watercolors, cook, and even eat! But my words are passing away. I will

Take charge with the spirit of CCF!

By Lisa Morton

"You...are the body of Christ. Every one of you is a member of it", says Saint Paul. Corpus Christi, the body of our Lord on earth, is not fully alive without all its members participating. So come on and get your spiritual exercise! The water of life is here. The spirit of God is calling you to Himself. He wants to refresh your spirit.

But you can't just show up. You have to expect to give of yourself to fully participate.

If you were to join in on the house building in Mexico with Corazón and you didn't bring your telephone poles, the house would not have a foundation. Likewise if you came to the CCF events but do not bring Christ in your heart, CCF itself would have no foundation!

Secondly, if you were to retreat with us at the mission in Oceanside and didn't have your overnight bag, you'd have a difficult time sleeping. Likewise, if you didn't bring an enthusiasm for change you'll have a difficult time grow-

ing in the spirit.

What is written about this in Colossians?

"You yourselves were once alienated from Him; you nourished hostility in your hearts because of your evil deeds. But now Christ has achieved reconciliation for you in His mortal body by dying, so as to present you to God holy, free of reproach and blame. But you must hold fast to faith, be firmly grounded and steadfast in it, unshaken in the hope promised you by the gospel you have heard. It is the gospel which has been announced to every creature under heaven and I, Paul, am its servant."

So have hope in God's love for you in the sufferings of Jesus. I hope our community will provide spiritual nourishment for you, so you can make God's love come alive for those lost and hungry lambs out there. Come be with Jesus, be with us, "Where two or more are gathered in My name, there I am with them."

write words for you this year, telling you of news events and get togethers. But hopefully this year our God, by the light and workings of the Holy Spirit within, will be able to write His word so that it will come to life within each one of us.

His word contains truth and life and points the way for us. It heals and calls us. It also defends and directs our Catholic Christian Church which carries and holds the Corpus Christi. My prayer is that this body of Christ, living bread, will go out with love to feed the hungry lost lambs in the desert in which we live.

Toasts & Notes

☞ Here's to Cindy Mayberry and Ed Dearmin who are engaged to be married!

☞ Here's to those CCF couples who were married over the summer :

Roch & Vera Johnston—June 17
John & Mary Kemper—Aug 12

☞ Here's to Bob & Alma Morrison, Eric & Chi Czintos, and Roch & Vera Johnston, all of whom are expecting their first child!

☞ Here's to Pete Badzey and Sioban Artesani who will marry this coming month!






☞ Here's a plea. Lynne Purkey is collecting blankets for the homeless in Costa Mesa. 200 are needed. Call her at 549-0612.

☞ October is officially dedicated as the Month of the Most Holy Rosary.

☞ October 7th is the Memorial of Our Lady of the Rosary.

☞ In 1917, at Fatima, Portugal, Mary our Mother, made her last appearance on October 13th. 70,000 people gathered.

October 1995

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 	2	3 Noon, Lunch in Irvine. Call Mark at 963-4425 (home) or 476-1636 (work).	4	5	6 7:30pm OLQA Rosary Group 6:30am OLQA Mass & Coffee	7 6:00pm, 1004 N. Ven- tura, Anaheim Lord's Day Supper Sharon 640-6474
8 	9 7:30pm OLQA Community Building David Carlile	10	11	12	13 7:30pm OLQA Rosary Group	14 9:00am Back Bay Extreme Sports Contact Andrew 897-0374
15  * Lotsa Stuff See below	16 7:30pm OLQA Fall Retreat Tickler Vivian Barraza	17	18	19	20 7:30pm OLQA Rosary Group	21 Halloween Party Contact: Peg 548-6311
22 	23 7:30pm OLQA Being a missionary for a day Michele Walsh	24	25	26	27 7:30pm OLQA Rosary Group	28 4:00am Carrow's Corazón Mexico Trip El Toro Road/5 Fwy Sherry 733-3166
29 	30 7:30pm OLQA Surprise speaker Vivian Barraza	31				

*Super Sunday Social 10:00am OLQA mass 11:30am brunch at El Torito/John Wayne Airport—Terri 552-3855 • Car wash fundraiser for Corazón, 9am to 2pm Corona Del Mar High School—Audrea 675-5723

Our Lady Queen of Angels
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