







November 1995

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2 Women's Cursillo weekend starts at Marywood	3 6:30am Mass 1 7:30pm Rosary 2 7:30pm Movies 3	4
5 	6 7:30pm OLQA Praise and Worship in Song with CCF Praise Band	7 Noon, Lunch in Irvine 4	8	9	10 7:30pm OLQA Rosary Group 2	11
12 	13 7:30pm OLQA Vocations	14	15	16	17 Annual Fall Retreat 5 7:30pm Rosary 2	18 Annual Fall Retreat 5
19  Annual Fall Retreat 5	20 7:30pm OLQA God the Father God the Holy Spirit	21	22	23 	24 7:30pm OLQA Rosary Group 2	25 Thanksgiving Dinner 6:00pm 6
26 	27 7:30pm OLQA God the Son and Adoration	28	29	30	1 7:30pm In Cahoots country western dancing. 7	

Calendar Details

1 First Friday Monthly Coffee Talk, 6:30am mass, OLQA. Peg will be in the front of the church on the right. Come start your day right. After mass we'll head over to Diedrich's for java at Jamboree & Bristol.

2 Movie Night, 7:30pm, Meet CCF members at Muldoon's, 202 Newport Center Drive, next to the Big Newport Theater across from Fashion Island in Newport Beach. Hope to see you there. Questions: call Peg 548-6311.

3 Our Lady's Rosary prayer meeting, 7:30pm. Every Friday evening CCF members come together for prayer after a long week. We meet in the church at OLQA for Rosary, chapel, and special intentions. Social and video following. In case of a special event in the church, we meet in the teachers' lounge.

4 Lunch in Irvine. For those who work in the area, come join CCF members for a time of fellowship. Meet at the Holiday Inn, 17941 Von Karman Ave. Call Mark 963-4425 (home) or 476-1636 (work).

5 CCF's Annual Fall Retreat. This year we will be at Mission San Luis Rey in Oceanside. \$75, Reservations due November 6. The retreat ends after lunch Sunday. Call Mike B at 771-1701 or John at jobison@ucla.edu.

6 Thanksgiving dinner. Come celebrate Thanksgiving with other CCF members. Turkey will be provided. We will potluck all the trimmings. RSVP by November 15. For more information, call Mark at 963-4425.

7 Country Dancing, 7:30pm. Dust off your boots and slide into your jeans. "CCF & Company" is going to put its best foot forward on the dance floor at In Cahoots in Fullerton. Come for a boot scootin' time. Peg 548-6311.

Our Lady Queen of Angels
Corpus Christi Fellowship
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THE BODY

Corpus Christi Fellowship

November 1995

Let's Go Play in the Lord

Some thoughts on this month's fall retreat.

By John Robison

A recent Monday night at CCF was all about our upcoming retreat at Mission San Luis Rey in Oceanside, November 17-19. I really enjoyed listening to the three sharings about past retreat experiences. They brought back a lot of good memories for me of fun times on retreats. I've really gotten to know people well on retreats. It can't be avoided because you spend so much time with each other, in close quarters, in your pajamas, brushing your teeth together in the bathroom! It's not like on Monday nights when we are all dressed up and on our best behavior. On retreats, we start growing together as a community because we start getting to know each other as we really are—both the good qualities and our weaknesses. That's what makes a person interesting to me, when I can learn all the colors of their personality. I went on the CCF 1995 spring retreat, and I had a great time. I made a lot of new friends and had lots of time to spend with old friends. The retreat reminded me of when I was a kid.

I grew up the youngest of seven kids and I always had lots of people to play with, wrestle with, talk to. I think that's why I like CCF so much and why I like the church so much—there's always lots of family around to play with! On the spring retreat, we prayed and talked and listened a lot, but we also played a lot, and I found that really healing in itself. All of us are busy, responsible, mature adults in the world. We all need time

away in a quiet place to be with our Father. And we need some time to play, like Jesus played with the children—just like a couple Monday nights ago when we were all acting like children, throwing paper wads at each other!

The theme for the retreat is "Building Community." I'm looking forward to listening to other peoples' ideas about community. Jesus had some radical ideas about community—like giving totally of self for the other people in his communities, loving them to the point where he wanted to give his life for them. Do we do that in our communities? I know I often don't. Let's go together on retreat and let God speak to us and through each other about these new ideas of community! (For more info, see or call anyone on the Spirituality team.)

Coming Next Month! Christmas Party

Mark your calendars for December 16. You won't want to miss our annual holiday Affair to Remember. Yes, the setting will be lovely Huntington Harbour. The guest list will be impressive—CCF and their friends and the amenities plentiful: food, drink, boat rides, and more. Debonair dress for this event!

Want to help make this event even more successful? Contact Peg McNamara 548-6311.



CCF started this year's community building with an opening mass celebrated by Fr. Stan Bosch.

Michael Frieese



DeCruyenaere



De Fusco



De Fusco



DeCruyenaere

**SCARY SIGHTS
FROM THE
HALLOWEEN
PARTY**

Still Alive!

By Drew Zertuche

Here Ye, Here Ye, Here Ye! Let it be known that from this day forward, CCF does have physically fit, mentally alert, super-human beings amongst its members. Well almost super-human; a bunch of us "pooped out" at the end including yours truly. I'm talking about the Survival of the Fittest day y'all missed out on 'cept for a few brave souls who withstood the day's challenges.

The events included: running, tennis, miniature car racing, laser tag, bowling, and beach volleyball. Those of us who did participate are eager for another round (hopefully not too soon). Gotta tend to those aching muscles, ouch! Here's my sincere thanks to y'all who attended at least one event. It made the first CCF social event successful. Say, if any of y'all see the super-athletes (winners of each event) stop 'em and ask for some pointers to improve your game. I'm sure they'll be glad to help you amateurs out.

Congrats to the winners. They are: Jan Vanderlinden (Boston Marathon), Peg McNamara (Wimbeldon), Mark Artesani (Indy 500), Susie McComb (Pro Bowler's Tour), and me. I killed the most in laser tag. Better see you at the next Social event or I'm coming after you!



Corpus Christi Fellowship

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All about Angels

A book review

By Mary Davern

All About Angels by Father O’Sullivan, O.P. gets four thumbs up for several reasons. It is an excellent book to get you back in the mode of reading because it’s short, easily readable, and provides a good introduction to angels. The book has been a favorite of Catholic readers for many years. Initially published in the 1940’s in Portugal, it has been very popular not only in the 40’s, but also in the 70’s and again in the 90’s. As Peter Ciriaci, Apostolic Nuncio, tells us “this book comes at a most opportune moment, for in the present state of unrest and suffering in the world no better remedy can be found than in the all-powerful protection of God’s glorious angels.” Unfortunately, according to the author, many of us know little about angels, do not realize their presence, seldom pray to them, and love them little. We show no confidence in them, and therefore, do not call on them for help when dangers and difficulties are upon us.

So, who are the angels? There are 315 citations of the word ‘angel’ in the old and new testaments, and this does not take into account other names such as: seraphim, cherubim, thrones, dominations, virtues, powers, principalities, and

archangels. According to Fr. Paul, angels are often described as perfect images of God. They are mirrors of God’s divine perfections. They reflect not only his love but his beauty, his holiness, his power and all his divine attributes. No two angels are alike and no two are equal. There are millions of angels who stand before God.

Fr. Paul tells us that “the great St. Thomas” says that the moment a child is born God calls one of his glorious spirits and gives the newborn babe into his special care. We are told that although one angel would be powerful enough to take perfect care of a thousand souls, God, in his infinite goodness, has given to each one of us a special angel who is all our own. He never abandons us for a single instant; he sees our every movement; he is ever present at our sides; he is our friend and protector. Our guardian angel longs to share with us his joy, his happiness, his love, and his holiness. He labors every moment, day and night, to make us better, holier, and happier. He prays for us unceasingly and with incredible fervor to God. He intercedes constantly for us before the throne of the most high. Our angel may not interfere with our free will, but he can and does

act on our memories, recalling vividly something we ought to do or warning us of something we ought not to do. Our angels, moreover, save us from many other dangers and evils, of which we are utterly unconscious. There are numerous accounts on how peoples’ guardian angels have not only helped them in different situations but in many instances have also saved their lives.

All About Angels is a book that opens our eyes to the invisible world of blessed spirits all around us. Angels are princes from heaven, given to us by God, to guard and to guide us all the days of our lives. They are just another shining example that God loves us more than we can ever possibly conceive. Our Catholicism teaches us that we don’t need to rely on only ourselves. We are reminded of the angels in mass every Sunday when we “proclaim God’s glory...with all the choirs of angles in heaven and we join in their unending hymn of praise.”

Thanksgiving Minus Turkey Equals Thanksgiving

By Lisa Morton

How many turkeys can you have with Thanksgiving and still have thanksgiving? We shall see.

“Lift up your hearts. We lift them up to the Lord. It is right to give Him thanks and praise.” Do these words sound familiar?

Every day countless numbers of people say these words at mass. Are they just words? Am I living a life of thanks and praise? Well, possibly.

Jesus says, “Where your treasure is, there lies your heart.” If my heart is lifted to the Lord in my daily activities and my life is focused on His love then I surely I do have an attitude of Thanksgiving. Yes, I do believe this habit of lift-

ing my heart up to God can transform my attitude. Wow! How simple and yet, how many times have I overlooked these powerful words?

If I see with the eyes of faith and live in God’s presence, where can I go wrong? Where can I run from the love of God anyway? He is always there. So where’s the turkey in all this? Well the turkey is me and my selfish attitude, my self concerns, and my lack of direction. Now I know who my director is. My King is Jesus.

Now, if the turkey in me would only take flight I would have much thanksgiving!

Toasts & Notes

☑ Congratulations to another active CCF couple, Ray and Linda Shirley, who were married June 3.

☑ Lynne Purkey is still collecting blankets for the homeless in Costa Mesa. Almost 200 are needed. Call her at 549-0612.

☑ Carmen Westberg welcomes you to her place for Rosary prayer the first Friday of each month, 1004 N. Ventura St., Anaheim.

☑ The communications team is looking for someone who can run Freehand or Illustrator programs on the computer. Please call Mike at 532-4041 or at mike_friese@lgarde.com.